



INTERVIEW ATTIRE TIPS FOR WOMEN

Professional image entails maintaining your respectable appearance. Always remember to dress for the position you hope to obtain one day.

- “Present yourself as a professional. Clothes should be fitted, not too short and not too tight.” – Holly Strool, personal image consultant, Nordstrom Westside Pavilion, Los Angeles.
- “Dress for the interview or dress for the job – but don’t dress for a party.” – Monica Stevens, vice president and MBA recruiting director, Wells Fargo, San Francisco.
- “Your attire shouldn’t be distracting or become the focus of attention in the interview or on the job. You want the focus to be on you and what you have to say.” – Belinda Stubblefield, vice president of global diversity, Delta Air Lines, Atlanta.

JACKET

- Does not wrinkle across the back or under the collar and buttons easily
- Sleeve length at wrist bone or just below
- Does not pull across the back
- Suit dresses are acceptable – must wear with jacket

SKIRT

- Pleats should not pull open
- No crease or pull across break of leg
- Skirt should easily turn around your body
- Straight skirt should hang from buttocks in a straight line and not curve under
- Not shorter than “around the knee”
- Loose enough for two fingers to be inserted in waistband
- No visible lines under skirt
- Pants are acceptable as well - must match jacket and look nice

BLOUSE/ TOP

- Longer than the hip bone
- Conservative neckline (2” above cleavage)
- Sleeveless blouses or tops underneath a jacket only

SHOES & HOSE

- Shoes should be polished and look new
- No sandals, strappy or open toed shoes
- Avoid too high or narrow heels
- Hose color should not bring attention to leg area
- Hose color is nude, same shade as shoes or lighter, never darker and not white
- Avoid patterned or textured hose

JEWELRY

- Small to medium earrings, simple styles
- Avoid dangling or large hooped earrings
- Avoid noisy jewelry or pieces that move
- Avoid too many pieces – watch, earrings, one ring, and simple necklace is enough
- No tinted glasses
- No visible body piercings other than earrings

MAKEUP & GROOMING

- Wear blended, natural makeup
- Choose simple, carefree hair styles, neatly combined/brushed
- For colored hair, avoid roots showing
- Avoid extreme fashion styles and colors
- If hair falls below the shoulders, pull it back
- Keep fingernails short to medium length
- Avoid bright nail polish
- No chipped nails
- Avoid dark lingerie with light clothing
- No slip showing below hemline
- Avoid high split in skirt
- Avoid heavy fragrance perfumes or lotions
- Cover up tattoos
- Fresh breath
- Purses should match shoes, well maintained, and not too large

